

My Culture. My Choice. Respect.

Ways to Say No to Marijuana

Nah, I've got stuff to do.

Do you know how strong that is? I don't—no thanks.

Nope. I have to drive home later.

Just because it's a vape doesn't mean it's not bad for you.

You know it messes with your memory, right?
I have to study later.

Nah, not now. I heard it's bad for your brain when you're young.

That's a really strong edible. Do you know what that much THC does to our developing brains?

Do you know the pesticides they use on that? I don't want that stuff in my body.

No thanks, I read about the connection between strong cannabis products and psychosis.
I don't want to chance it.

For more information on facts and ways to say no, visit
CultureChoiceRespect.com

RESPECT

My Culture.
My Choice.

Things to Do Instead

- 1 Practice our language
- 2 Visit an elder
- 3 Make some traditional art
- 4 Play a sport
- 5 Spend some time outside
- 6 Cook traditional foods
- 7 Tell traditional stories
- 8 Volunteer in your community

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